# **OUTLOOK**



Term 1

Thank you to all the students, parents and staff who helped plant the bulbs on Saturday. As promised, we were finished in one hour. They will look amazing when they bloom in the Spring.

#### Year 11

Thank you to all the Year 11 parents who could attend the information evenings this week. The PowerPoint will be placed on the website if you could not attend. Prom date is 11 July 2025. This still has not been 100% confirmed but we are confident of the date and just waiting for the final contract from the racecourse. I am aware this takes a lot of preparation.

The attendance at study zone is good. This will be available every day from 3-4pm until after the mock examinations.

#### Year 7

We have been very impressed with how the year 7s have settled in their first term. I think the older students would like them to be less confident, but this highlights how comfortable they feel. I loved the year 7 Welcome Concert on Wednesday night. Thank you to Mrs Robinson and Mr Naylor for inspiring them and giving them the opportunity to perform on stage.

#### **Next term**

As a school we are continuing to work on three areas: 1) Teaching and learning -Adapting our lessons to support students and create space for independent work. I have been impressed with the attitude of the staff to reflect on their own practice to improve. Very refreshing. 2) Behaviour for learning -Creating positive relationships and working on kindness, ambition and resilience. 3) Attendance - Supporting students to improve their attendance, as this is an important factor in their progress.

We feel our focus in these areas will support the progress of all students.

#### New science building

Our new science and technology building is still on course to open in January. It's getting close now.

Thank you for all your support this term. It is a pleasure to work with your children and guide them along the way. So much covered in the term, as you will see from the rest of the newsletter, but we are all tired now and ready for the break. We will see you fully recharged after half term.

Best wishes,

# DATES TO REMEMBER

#### 4 November

Start of Term 2 WEEK 1

5 November

Year 11 Recital

#### 6 November

- BANES Yr9 Netball Tournament
- Sixth Form Open Evening

#### 7 November

Ski Trip Meeting

#### 11 November

Year 13 Crime Day

#### 11-22 November

Year 11 Mocks

#### 11-15 November

I Can I Am Bus Visit (Year 7)

#### 12 November

Year 7 Rugby vs Wellsway (Away)

#### 13 November

- Year 8/9 Girls
   Football vs Norton
   Hill (Away)
- DofE Information Eve

#### 19 November

Yr 7 Girls Football vs Wellsway (Away)

#### 21 November

Flying Start Challenge

#### 28 November

Year 10 Drama Showcase

#### 29-30 November

Year 9 History Battlefields Trip

#### 9-13 December

I Can I Am Bus Visit (Year 11)

#### 12 December

Robin Hood Theatre Trip

#### 16 December

Sixth Form Christmas Social: Bath On Ice

#### 17 December

GCSE Art Mock Exam

#### 18 December

Christmas Concert

#### 19 December

HALF DAY

End of term 2



# **NOTICES**

#### Allergy Warning

Many of our students suffer serious nut and sesame seed allergies. Therefore, please remember not to include these in your child's packed lunch. We are a nut free school.

Follow our social media accounts to get updates from school trips and activities:

Or visit our website for information on all aspects of the school <a href="https://www.oldfieldschool.com">www.oldfieldschool.com</a>



#### **Updating Details**

Please ensure you keep us up to date on where you live and contact numbers and email if they change. Also, if your child suffers from a medical condition, then we need to be informed of any changes. Please do so by emailing enquiries@oldfieldschool.com



## Parking around school

A further reminder to parents to please be careful when picking up and dropping off at the beginning or end of the school day. Parking should not be on the double yellow lines at the front or side of the school, please drop off in the slip road near Penn. Drivers should be mindful of other traffic, our neighbours and most importantly, students crossing the roads.

#### MICROSOFT 365

All students at Oldfield School are able to install the latest versions of Microsoft Word, Excel, PowerPoint and Publisher for free on their computers at home.

1) Go to the O365 website:

https://portal.office.com

2) Sign in using your school email address and password3) On the Launchpad page, click on the 'Install apps' button.





# Sixth Form Information Evening Wednesday 6th November 2024 5.30-8.30pm

From small class sizes and supportive staff to amazing results, come and see why Oldfield School is a great choice for your Sixth Form journey.



Visit www.oldfieldschool.com to book your place



#### **Pupil Premium and Free School Meals**

Pupil Premium is extra funding allocated to schools to work with students who have been registered for Free School Meals at any point in the last six years. The government believes that Pupil Premium, which is additional to main school funding, is the best way to address current underlying inequalities between students who are eligible for Free School Meals and their peers. It ensures that funding to tackle disadvantage, reaches the students who need it.

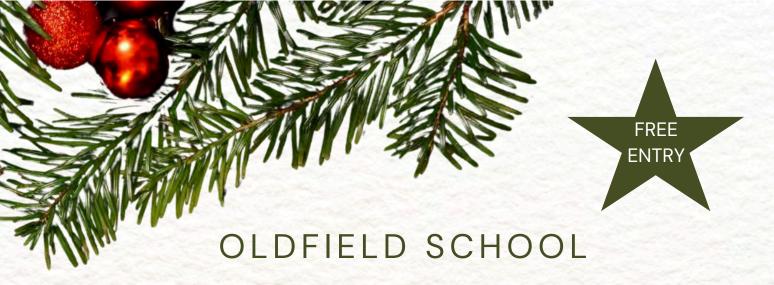
In most cases, the Pupil Premium is paid direct to schools and is allocated to them for every student who receives Free School Meals. Schools decide how to use the funding as they are best placed to assess student needs. The funding is directed specifically at the pupils in receipt of this funding, and could be used for items such as one-to-one or small group tuition, non-academic intervention, or help with costs for trips, equipment, uniform etc. It is discreet and pupils in receipt of it are not singled out in any way. We encourage you to get in touch with us if you think your child may be eligible for funding. The money is available for every child whose parents are receiving certain benefits but the school will only receive the funding if parents register.

Please contact us on enquiries@oldfieldschool.com

#### **Extra funding for children of Service Personnel**

There is also extra funding available under Pupil Premium for those children who have a parent currently serving in the armed services, or those whose parents have left the service since April 2011. This provision is made for additional (mainly pastoral) support, so we would be grateful if any Service Personnel could inform the school of their status, so we can record this information on the school system. This information is protected and the data regarding individual children is not shared outside the school. Schools with Service children in Reception to Year 11 classes are eligible to receive the fund, but only if your child's name appears on the school's roll as being a Service child, so please let us know. Contact us on enquiries@oldfieldschool.com

For further information please see <a href="https://www.gov.uk/service-premium-information-for-schools">www.gov.uk/service-premium-information-for-schools</a>



# CHRISTMAS

# Pair

SUNDAY 1ST DECEMBER 11.00 - 13.00

Wide selection of craft & gift stalls
Christmas raffle
Christmas music by our students
Pre-loved uniform sale
Second hand book stall
Mulled wine & mince pies
Chnd a whole lot of festive fun!

WE WILL ALSO BE SELLING HIGH QUALITY NORDMAN FIR CHRISTMAS TREES

SMALL (150-175CM) £38

MEDIUM (175-200CM) £44

LARGE (200-250CM) £50

TO PRE-ORDER YOUR TREE OR BOOK A STALL, EMAIL OSA@OLDFIELDSCHOOL.COM



YEAR 7 VISITS...

# BRISTOL ZOO PROJECT

This year, our Year 7 students embarked on an unforgettable trip to the Wild Place, where they immersed themselves in the beauty of nature and encountered a variety of lovely animals. The trip provided a wonderful opportunity for students to bond in an informal setting, reinforcing our key school values of being kind, ambitious and resilient.

Throughout the adventure, students observed fascinating wildlife and participated in a challenging high ropes course, pushing their limits and supporting one another. This experience not only deepened their connection with nature but also encouraged them to embody our values, demonstrating kindness in teamwork, ambition in overcoming obstacles, and resilience in the face of challenges. It was a truly enriching day that left lasting memories and strengthened our school community!

Mr John



# A busy and exciting term in the Drama department

It's been an action-packed term in the Drama Department! We were thrilled to welcome Georgie Coles from Paper Birds Theatre Company, who led an inspiring Devising Theatre workshop for our KS4 and KS5 students. They explored how to combine verbatim and physical theatre techniques, gaining valuable insights into creative storytelling.

Our students also had the opportunity to see live theatre, with a group attending the Egg Theatre to watch the captivating production of *Bird Boy*. Meanwhile, Year 10 Drama students played a pivotal role in our Open Evening, performing and running theatre design stations, showcasing their talents and enthusiasm.

Our lunchtime clubs are thriving! Year 7 students meet on Mondays, while Years 8 and 9 gather on Thursdays. These sessions are full of energy, with students learning performance and improvisation skills, making new friends, and boosting their confidence.

In our after-school Spotlight Club on Tuesdays, students are hard at work preparing for November's Drama Showcase. Rehearsals are in full swing for scenes from *Lord of the Flies*, along with original pieces created by the students themselves. Our talented Year 13s are even directing younger students in an exciting extract from their set text *Love and Information*.

Musical Theatre Club, which meets on Thursdays after school, has been equally dynamic! This term, we've been focusing on the high-energy number 'Seize the Day' from the musical *Newsies*, and the students are bringing incredible passion to their performances.

All clubs are open to everyone, so if you're interested, just talk to your drama teacher. Keep an eye out for more exciting theatre trips next term and, of course, don't miss our November Showcase – it's going to be a night to remember!

Ms Bloomfield





#### Joining voices at the Year 7 Welcome Concert

Well done to the fabulous year 7s who performed in the welcome concert at the end of term. The two big group performance songs sounded superb and I was incredibly impressed with the individual and small ensemble performances - it takes a lot of courage to get up on stage by yourself. Oldfield musicians are amazing!.

Mrs Robinson and Mr Naylor

## Year 8 BANES Netball Tournament

Congratulations to the Year 8 netball team who had a fantastic afternoon at the Year 8 BANES netball tournament at Wellsway. Superb effort and determination from all 10 players made it a truly whole-squad performance, with many players playing in more than one position including shooting, just showing the versatility of the players and their ability under pressure to rise to the occasion.

#### Our group results were:

Oldfield	5	Somervale	4
Oldfield	1	Hayesfield	7
Oldfield	7	Writhlington	2
Oldfield	4	St Greg's	0

This meant we came second in our group and went through to the semi-final where we faced Wellsway. It was a tight first half and it was only 1-0 to Wellsway going into the second half, but unfortunately we were unable to hold on despite some great attack and lost 4-0 to go into the playoffs against Chew Valley.

There we showed great resilience to come back from the semi-final and we won 6-0, meaning we finished in a fantastic 3rd position out of 9 schools. Congratulations to Rayleigh, Scarlett, Robyn and Monique who were all voted player of the match in games.

So proud of the girls, not only how they played on the day but how they did a great job representing the values of Oldfield school.

#### **Mrs Little**



#### More Netball News

Well done to the Year 8 and 9 netball teams who went to Wellsway on a wet and soggy night for netball! Both teams played very well and it was two very competitive games to watch. The Year 8 team put up a good resistance to a strong Wellsway side, but were just unable to break through the defence despite some excellent work from the centre court unit and our shooters working hard to outwit their defence in the circle. Congratulations to Scarlett voted player of the match.

The Year 9 team had a very close match, with both teams very competitive on court. Our defence did a great job preventing the opposition from reaching the shooters and were able to turn some interceptions into goals the other end with the help of our centre court units. The final score was 16-13 to Oldfield. Congratulations to Ella who was voted player of the match.

The Year 8 netball team had an exciting and eventful day at St Greg's School, participating in a triangular match against Ralph Allen and St Greg's. The girls showcased their talent and teamwork, securing a fantastic win in their first game before narrowly losing their second match by just one point.

It was a joy to watch this group of players, not only for their impressive skill on the court but for their camaraderie and positive energy. They laughed, enjoyed themselves, and demonstrated excellent sportsmanship, all while remaining focused when it mattered most. Their ability to work seamlessly as a team allowed the game to flow beautifully, with each player contributing to the overall success.

Congratulations to the Year 8 Netball team for their outstanding effort and performance! Keep up the hard work!

Miss Kernan and Mrs Little



#### Year 9 Netball

It has been a great start to the Year 9 netball season, with over 30 girls coming to training regularly and all wanting to represent the school. Due to our high numbers, it means that we are having to put out a different team for each game to ensure all players have the opportunity to play, so thank you to all our players who are patiently waiting to play in fixtures!

We have now had two fixtures so far: an indoor home game against St Greg's and a mini tournament against St Greg's and Ralph Allen.

Our first squad, who played in the indoor game against St Greg's, gave them a really good game. Despite a great effort by the defence to keep the shooters out of the circle and our attack producing some great goals in the circle, we lost by 4 goals. Well done to Julia for player of the match.

Our second squad, who played in the mini tournament, took a little while to warm up in the first game against Ralph Allen, and despite some great interceptions in defence, we were not able to capitalize on this and lost to ralph Allen.

However, in our second game we came out stronger and found a way to get around the opposition defence! It was a tight game with some great netball on show from both schools, but in the dying moments we manged to convert an interception and finish the game, winning by one goal!

Congratulations to Ella who was voted player of the match in both games!

We look forward to our next game and yet another squad!!

#### Mrs Little





#### Oldfield School Shines at BANES Cross Country Event

The recent BANES Cross Country event at Kingswood School saw a remarkable representation from Oldfield School, with over 40 students competing and some impressive performances across various categories.

In the Inter Girls category, Eva S secured 12th place, followed by Evelyn T in 37th place. Jamie D represented the Inter Boys, achieving a commendable 17th place

Junior Girls had a standout performance from Isla Q, finishing 10th. In the Junior Boys category, Ben F earned 5th place, and Alex S was close behind in 9th place.

The Minor Girls showcased strong efforts, with Maya S in 5th place, Isabel L in 14th, and Erin Mae E in 15th. The Minor Boys also displayed significant talent, with Evan M taking 7th place, Joel B in 17th, and Albert W in 18th.

Overall, Oldfield School students demonstrated outstanding dedication and athleticism, making their school proud. Well done to all participants!

**Mr Driver** 



# Year 7 Girls Football Somervale Tournament

The newly formed Year 7 girls' football team made an excellent debut at the annual Somervale Year 7 football tournament, showing tremendous skill, teamwork, and determination throughout the day. Competing in Pool B, the girls faced strong opposition but rose to the challenge, with an impressive series of performances.

In their opening match, they secured a thrilling 1-0 win against Writhlington. Maya, the team's talented midfielder, scored a stunning goal from long range, perfectly placing the ball into the top corner. The goal was a highlight of the match and set the tone for the rest of the tournament.

Their second game proved to be the toughest. Facing Wellsway, many of our players found themselves up against friends from local football clubs. It was a hard-fought battle, with both teams displaying excellent skill. Wellsway's striker was a standout, but our defense, led by the incredible performance of our goalkeeper Hems, was solid. Hems' remarkable saves helped secure a well-earned draw.

In the third game, the girls knew they needed a win to progress to the semi-finals, and they delivered. With great teamwork and determination, they defeated St Marks, earning their spot in the knockout stages.

In the semi-finals, the team met Chew Valley in a tense and tightly contested match. After a goalless draw, the game went to a penalty shootout. Despite their best efforts, the team was narrowly edged out.

Although they were unfortunate to lose in the penalty shootout, the overall performance of the Year 7 girls was outstanding. They played with heart, skill, and resilience, and every player should be proud of their contribution. This team has a bright future ahead, and we're confident they will continue to improve and achieve great things! **Miss Kernan** 



## Under 16 Cup Football

The U16 girls, featuring a talented mix of Year 10 and 11 players, have secured their place in the second round of the Somerset Cup after a hard-fought 4-3 win over Backwell. The match was a nail-biting affair, with both teams delivering standout performances, but it was the resilience and determination of the girls that ultimately saw them through.

From the first whistle, it was clear that this would be a closely contested game. The girls faced a strong challenge from Backwell, but they held their ground and showed composure under pressure. Aaliyah, Fay, Sofia, and Ella T all stepped up with beautiful goals that showcased both skill and teamwork.

However, it was Cailey who truly shone, earning the well-deserved title of Player of the Match. Her performance in goal was nothing short of exceptional. Cailey made crucial saves throughout the match, commanding her area with confidence, making all the right decisions, and continuously encouraging her teammates to keep pushing forward. Her leadership and sharp reflexes were vital in keeping the opposition at bay, particularly in the tense final minutes of the game.

As the final whistle blew, the girls celebrated a hard-earned 4-3 victory, sealing their place in the next round. It was a true team effort, with every player contributing to a memorable win. The team now looks ahead to the next challenge in the Somerset Cup.

Miss Kernan



## Sports Leadership

A huge congratulations to all the incredible students who successfully completed the sports leadership course last year! Your hard-earned certificates are in hand and have been proudly distributed. What a fantastic achievement!

We're thrilled to welcome a brand-new group of enthusiastic Year 9 sports leaders who are ready to jump into action as they prepare for the exciting festivals taking place at Oldfield throughout the year. We also have amazing Year 8 sports ambassadors eager to join in and support these leaders in making every event a huge success!

Mrs Bell







#### Never too many chefs at Oldfield School!

This term in our Food Preparation and busy exploring a variety of delicious and nutritious dishes! From making meals that are high in fruit and vegetables that are suitable for a child, a meal that fits the Eat Well Guide which is suitable for a teenager, and a savoury dish that is high in iron, our students have showcased their creativity and culinary skills within

each of their dishes made. Well done to all the Year 10 GCSE Food Preparation and Nutrition

Mr Griffiths-Mills





## Updates from Sixth Form

It's been another busy term here in the Sixth Form. Our first trip of the year was our annual visit to the Oxford University open day, during which 15 Oxbridge hopefuls had the opportunity to stay overnight in Lady Margaret Hall, experience life in the college, and hear from current students and professors.

We also took all our Year 12 students to the National Apprenticeship Show in Bristol. There, students tried their hand at 'networking', meeting recruiters from some of the UK's top companies including Airbus, Rolls Royce and the British Army.

Mr Nash



# craftsmanship, transforming simple fabric into bold statements.. **Mrs Green**

Bags of Potential in

Discover the vibrant creativity of our Year 10 textile students with their stunning lino-printed bags! Each unique piece showcases the

students' artistic flair and skillful

Year 10 Textiles



## **RUH Bath welcomes** Year 12 biologists

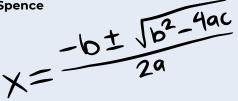
Last week saw 30 of our biology students attend the annual 'Your Heart Hospital' event at the Postgraduate Medical Centre at the hospital. Students gained a valuable insight into life in a cardiac ward, met medical professionals to discuss careers and learnt CPR techniques before having a go themselves! The students thoroughly enjoyed the experience and had their eyes opened to the many career opportunities. Mrs Eatock

## **UKMT Senior** Maths Challenge

On Tuesday 1st October, 22 of our year 12s and 13s and two of our year 11s took part in the UKMT Senior Mathematical Challenge. The challenge involves 25 multiple-choice problem-solving questions, which require them to apply their mathematical knowledge in a range of different contexts.

Our students achieved 3 gold certificates, 3 silver certificates and 8 bronze certificates. I am also pleased to congratulate Meg Tarling (Year 13, Best in School), Jess Burr (Year 12) and Nathan Cheuk (Year 11) for qualifying for the second round of the challenge, which is due to take place on Wednesday 20th November (watch this space for our entry in the next newsletter) and wish them good luck for this.

**Mr Spence** 





## European Day of Languages Bake Off

The annual European Day of Languages Bake Off on 26th September saw some fantastic entries from students across the year groups. We judged the cakes on decoration, taste and if relevant, cultural authenticity. The overall winner for her true Showstopper (below) was Josie C. Students were able to buy the cakes at lunch time and were impressed by the efforts of their classmates. Well done to everyone who took part.

Miss Green





After a lovely summer break, we've had a busy start to the new academic year here at Oldfield School Association (OSA). It was lovely to meet many of the new Year 7 parents at the BBQ last month and to see some more familiar faces at the Sports Awards evening two days later. Along with the first pre-loved uniform sale of the year last week, we've already raised over £1,000 this term. Thank you for all your support.

It's also been great to welcome ten new parent volunteers to the OSA team, and to meet some of them at the recent AGM, where we spent some time reviewing our progress and celebrating our successes. Last year was a record-breaking year for OSA, raising just over £13,000 through our events and supporting 20 initiatives across different parts of the school. We received some lovely feedback from staff on the positive difference we are making, examples below. A full copy of the AGM report can be found on the school website.

#### Term 2

Looking ahead to Term 2, our focus turns to the Oldfield Christmas Fair. This will take place on Sunday 1st December, 11am – 1pm. There will be a wide selection of food, craft and game stalls run by students and local entrepreneurs, musical performances from our students, and an amazing raffle supported by businesses in our local community. Our pre-loved uniform will be on sale, along with a second-hand book stall including GCSE and A-Level revision guides. And there will be high quality Nordman Christmas trees available to pre-order or purchase on the day. Small trees (150-175cm) are £38, medium trees (175-200cm) are £44, and large trees (200-250cm) are £50. To preorder your tree please email osa@oldfieldschool.com with your name and size of tree required. And if you know anyone who would like to have a stall or who could offer a raffle prize, please let us know. Please note, this event is held in the canteen and school hall so should be accessible to all, although the spaces do get quite busy and noisy!

#### Reminders

BathHalf 2025: OSA will once again be supporting the Bath Half marathon which takes place on Sunday 16th March 2025, by funding places for those who would like to run on behalf of the school. We have two brave volunteers so far, but we need more! If you would like to run for OSA, you will need to sign up directly via the Bath Half website

https://bathhalf.co.uk/2024-general-entries/. OSA will then reimburse your entry fee (£55), on the expectation that entrants aim to raise £200 each for the school. To receive your refund, please email confirmation/receipt of your entry along with your bank details to osa@oldfieldschool.com. Entry is open to staff, parents and students, who will be at least 17 years old by the day of the race.

Easyfundraising: Please consider signing up for easyfundraising at

https://www.easyfundraising.org.uk/causes/oldfield-school-association. Just click and complete the simple sign-up process, naming Oldfield School Association Bath as your nominated charity. Over 8,000 retailers and brands have signed up to easyfundraising, including eBay, Argos, Tesco, Asda, Sainsburys, John Lewis, M&S, Just Eat, Asos, Trainline, booking.com, Viking, Staples... and many, many more. Every time you shop online with them, they will donate at no extra cost to you. If you set up a Donation Reminder, it will automatically invite you to include an easyfundraising donation without having to shop via the easyfundraising website or app. It really is super easy to use so please sign up if you can.

Match-funding: If your organisation offers employees the chance to boost their fundraising efforts through match funding by 'matching' any money you raise, please let us know. We are a registered charity and can provide the necessary paperwork to put this in place and make more money for OSA!

Thank you for all your continued support and we hope to see you at one of our events soon.

The OSA team.

# How we have helped...



"We are so grateful for the funding OSA gave us last October. We managed to get tickets to see 'Guys and Dolls' at the Bridge Theatre in London, but when we explored transport costs it made the trip very expensive. OSA kindly gave us money towards the hire of a coach, allowing us to subsidise tickets. This enabled us to take all GCSE and A-level drama students to the theatre in London. Thank you for supporting this trip and allowing so many students to experience award-winning live theatre without financial constraints being a boundary." Ms Bloomfield.

"Thanks to OSA's funding we successfully completed a much-needed upgrade to the AV equipment in the school hall. The installation of new wireless microphones, wall-mounted speakers, and a mixing console has already made a huge difference in the audio quality at school events. Additionally, the portable PA system has given us more flexibility to provide high-quality audio for activities around the school. The music department have been thrilled to hear about the new equipment and are excited to use the wireless microphones for their next performance, allowing students to showcase their talents in a more professional setting. Thank you to OSA for making this upgrade possible." Mr Morris.

"We love these! The students love these! The Smart Chutes are a brilliant way to start or end a Literacy Intervention session. The students think they are playing a game when actually they are answering literacy questions and improving their spelling and vocabulary. The speech and language team also use them, and other TAs have been known to grab them when a student comes out of a lesson, so they are really earning their cost! Thank you so much." Ms Mills.



#### Competition

'Change The Narrative'

Black history is all of our history!

- Choose a person of black or global majority background that inspires you!
- Design a statue to go on the Bristol Centre Plinth.
- Send entries to Mrs Macnaughton or Mrs Ahmed
- Winner receives two cinema tickets!



In our assemblies this term we have celebrating and recognising Black History Month. We have spoken about the theme of 'Changing The Narrative' which is the National theme for this year. At Oldfield Mrs Ahmed and Mrs Macnaughton have launched a competition to recognise that black history is all of our history.

We would love your help to do this. We want you to choose a person of black or global majority background who inspires you. You can make a sculpture, create a piece of art work, write an article, poem or story about you chosen person.

We would love to have lots of pieces of work to display in school but also write to Bristol City Council with your ideas on what should replace the previous statue in the City Centre.









Entries for the competition need to in to us by **Friday 15th November** and should be given to Mrs Ahmed or Mrs Macnaughton.

We are really looking forward to seeing your creative ideas for how we can 'Change The Narrative'.

# Eating well for less Free workshop





Would you like to eat more healthily as a family, but you're not sure where to begin or how to manage it without breaking the bank?

This workshop helps the whole family to eat well for less including:

- ☐ Tips for a cheaper, healthy shopping basket
- Healthy meal planning to make the most of the food you buy
- Recipes for tasty, simple and healthy low-cost meals

#### Event details:

Thursday 10th October,
7.30-9pm, online via
Teams
Thursday 5th December,
7.30-9pm, online via
Teams
Contact the Community
Wellbeing Hub on 0300
247 0050 or email
bathnes.thehub@hcrgcar
egroup.com



# Children's Royal United Hospitals Bath NHS Foundation Trust Occupational Therapy

# **Advice Line**

Do you have any questions about a child or young person's ability to carry out daily tasks and activities?

They find handwriting really difficult

They find it difficult to pick up small objects and play with small toys.

01225 82 6659

The first and second Tuesday of each month.

2pm - 4pm

Our Advice Line is open to Parents / Carers,
Schools, Nursery and Healthcare
professionals of children who have a
BANES GP

They put everything in their mouth.

She can't tie her shoelaces

If the child is already on our Waiting List or is known to BANES OT Service, and you would like to speak to a member of the Occupational Therapy team, please contact 01225 82 4220.

# Problem? Whisperit!

If you have a problem or concern in school or at home, you can report it to a member of staff anonymously.

To: 07860 021 323

**OLD3** [+ your message]

# When To Report...

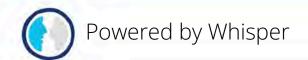
You or a friend are being bullied

You are concerned for a student's welfare

A student, member of staff, or parent has behaved inappropriately
You need to talk to someone about a problem
Suggestion for changes or improvements in school

Report via SMS or visit:

https://swgfl.org.uk/whisper/old3/







# **Free Healthy Family Courses**

## **Wellbeing Service B&NES**



For families of children and young people aged 5-17, who are above a healthy weight\*

1-1 support in person or via video call.
Sessions run throughout the year.
Lots of Fun & Exciting Local Activity
Opportunities for Young People and their
Families to Choose from



FREE 5 week cooking course for families of children and young people 0-17 years Virtual or in person courses, discover how to make easy, healthy recipes and learn new cooking skills

#### **Dates**

Oasis Church Wed 2nd Oct-6th Nov 3:45 - 5:15pm St Swithins Church Wed 15th Jan-19th Feb 3:45 - 5:15pm



# HENRY Healthy Families: Right From The Start 8 week course along with a creche

"Everything you need strategies, nutrition, child development, food labelling, to help your little one get off to a great healthy and happy start. Includes topics; Parenting portion size, sleep, and

#### emotional wellbeing

For parents and carers of children aged 0 to 5 years. Available virtually or in person.

**Dates:** Keynsham Tues 1st October – 26th November, 9.30am-12pm Online Thursday 3rd October – 29th November, 1-2pm

# **HENRY Fussy Eaters**Workshop

Online workshop
Support for parents of
under 5's to understand
fussy and selective eating
and encourage your child
to try new foods- and
enjoy them!

Dates: 14 Nov 7.45-9.15pm

#### HENRY Eating Well for Less Workshop

Online workshop

Top tips will help youkeep to a budget and help the whole family eat more healthilyhealthy choices don't need to be expensive choices

**Dates** 10 Oct 7.30-9pm 5 Dec 7.30-9pm

# HENRY Starting Solids Workshop

Online workshop

Introducing solid foods at 6 months- What foods to start with and how to make it enjoyable!

**Dates** 26 Sep10-11.15am 20 Nov 1-2.15pm



To book contact the Community Wellbeing Hub:

t: 0300 247 0050

e: BATHNES.thehub@hcrgcaregroup.com

w:bathneshealthandcare.nhs.uk/childrenshealthyweight/

\*Referral criteria apply



