

**Year 11**

**Revision Booklet**



**OLDFIELD  
SCHOOL**


**Name** \_\_\_\_\_

**Tutor Group** \_\_\_\_\_

**YEAR 11 MOCK EXAMS 11<sup>th</sup>-22<sup>nd</sup> NOVEMBER**

	<b>Exam 1</b> <b>8.30 – 10.55am</b>	Break	<b>Exam 2</b> <b>11.20 – 1.20</b>	Lunch	<b>Exam 3</b> <b>2.00pm – 3.00pm</b>
<b>Week 2</b> <b>Monday 11<sup>th</sup></b> <b>Nov</b>	<b>Maths-</b> Paper 1 non calculator: 1hr30minutes		<b>Geography-</b> Combined Paper: 1hr30minutes		<b>French Higher Listening</b> 45 mins
<b>Tuesday 12<sup>th</sup></b> <b>Nov</b>	<b>History-</b> 1hr30minutes		<b>PE Exam-</b> 1hr 15mins		<b>Spanish foundation listening</b> 35 mins
<b>Wed 13<sup>th</sup></b> <b>Nov</b>	<b>Biology-</b> Paper 1: 1hr15 (combined) 1hr45 (separate)		<b>French and Spanish Writing</b> Foundation-1 hr Higher- 1 hr 15mins		<b>French and Spanish Reading:</b> Foundation-45mins Higher- 1 hr
<b>Thurs 14<sup>th</sup></b> <b>Nov</b>	<b>English Literature-</b> Paper 1: 1hr45mins		<b>Child Development:</b> 1hr15minutes <b>Drama:</b> 1hr30 minutes		
<b>Fri 15<sup>th</sup> Nov</b>	<b>Physics-</b> Paper 1: 1hr15 (combined) 1hr45 (separate)		<b>RPE:</b> 1hr30minutes		<b>Spanish Higher Listening-</b> 45mins
<b>Week 1</b> <b>Mon 18<sup>th</sup></b> <b>Nov</b>	<b>Sociology:</b> 1hr30minutes <b>Dance:</b> 1hr		<b>Media Studies:</b> 1hr30minutes		<b>French foundation listening</b> 35 mins
<b>Tues 19<sup>th</sup></b> <b>Nov</b>	<b>Maths-</b> Paper 2 Calculator: 1hr30minutes		<b>Food Prep and Nutrition:</b> 1hr30minutes <b>Computer Studies-</b> Paper 1: 1hr30 minutes		
<b>Wed 20<sup>th</sup></b> <b>Nov</b>	<b>Chemistry:</b> Paper 1: 1hr15 (combined) 1hr45 (separate)		<b>Product Design:</b> 1hr30minutes <b>Textiles:</b> 1hr30minutes		

Thurs 21 <sup>st</sup> Nov	<b>Business Studies</b> - Component 1: 1hr15minutes		<b>Music Listening:</b> 1hr15minutes		
Friday 22 <sup>nd</sup> Nov	MOP UP		MOP UP		



# TIPS FOR STUDENTS



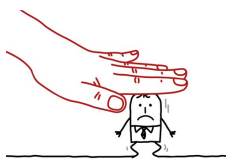
Take regular revision breaks, allows you time to refocus. It is scientifically proven that a walk improves mood and productivity, (20% happier).



Spend time with friends, focus on having positive relationships – try not to let the stress of studies affect your relationships, take time to be with your friends and just be mindful that everyone is touchy and stressed and that we just need to support each other, we are a team after all!



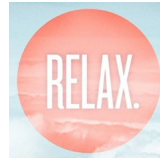
Please stop and listen to those around you, your teachers are the experts. Also your parents/carers do know you best – listen to what they have to say.



Don't put anymore pressure on yourself, the one thing that makes everyone proud is doing your best.



Rather than allow yourself to get stressed start now. The sooner you start = the least amount of stress. Don't listen to other people just focus on what you want to achieve.



Relaxation means doing something safe and enjoyable which helps you feel calm. And relaxing activities can help you feel more focussed and able to deal with stress and worries.



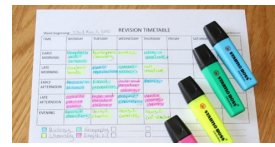
Exercise is proven to reduce anxiety, depression and stress. In a scientific study, students who took part in a really short walk, only 5 minutes reported feeling much better (20% happier) than those who spent the same time sitting down and looking at photos.



Understand that the teachers and your parent/carers care, and want you to do well. Remember we are always proud of anyone who does their best.



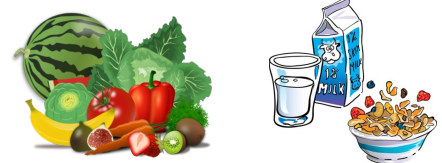
Sleep! Sleep allows you to learn better, when you sleep you commit what you've learnt to memory. Excessive sleep loss increases feelings of stress and makes it harder for you to control your emotions.



Plan, realistic revision timetable – break it into small chunks, today I will revise (pick one small and easy section). Set goals-have a start and finish time and stick to it.



There are lots of ways to relax. You could try: meditation or mindfulness, breathing exercises, listening to your favourite music, going for a walk, spending time outside or having a bath.



Try to eat a healthy, balanced diet. Eating a balanced diet can help you focus and avoid illness. In a recent study those who had breakfast improved their score in a test by 3-5%, those who didn't eat did 12% worse, those who drank a sugary drink did 27% worse in their score.



Keep asking for help, ask people to quiz you, to test you. Rather than arguing with people at home, get them to quiz you on your amazing knowledge!



When revising, before bed put your phone away. It is addictive, our brains are obsessed with notifications and the blue light emitted keeps our minds awake and stops us getting to sleep.

# SUBJECT HELPSHEET

Subject	First topics to revise	All other topics in the exam
RPE	Same-sex relationships, punishment, Jesus, Prophets  Use the pink, yellow, purple or green KOs. Revise the key terms, revise quotes, do the exam practice at the back of the KOs, come to essay masterclasses N13 P6, SC homework videos.	Comp 1: Issues of relationships: marriage, divorce, same-sex relationships, gender, contraception  Issues of good and evil: punishment, reform, retribution, prison reformers, problem of evil, prisons, forgiveness  Comp 2+3: Christian beliefs and teachings: God, Bible, creation, Jesus,  Muslim beliefs and teachings: Prophets, afterlife, angels
Computer Science	Data and Storage, Internet Security, the CPU	CPU, Data and Storage (HEX and Binary, images and Sound), Networks, Internet Security, Protocols, System Software. Legal and ethical
English Literature	Nineteenth Century	Macbeth and Nineteenth Century
Drama	<ol style="list-style-type: none"> <li>Noughts and Crosses Acting - how would you use PIPED BAP and PET FLAGS to help you portray the roles in the play,</li> <li>Noughts and Crosses Design - try to have an idea of what the set, props, lighting, costume and sound might look like - use knowledge organisers to help you with key terminology.</li> <li>Live Theatre - decide on which Live Theatre you will use and think of key moments you can describe and write about.</li> </ol>	Section A - Noughts and Crosses, Section B - Live Theatre
Media Studies	Crime Drama , Music Videos	
Geography	Tropical Storms; Bristol—Hanham Hall; Rivers	Earthquakes; Tropical Storms; Climate Change; Rio; Bristol; Rivers; Coasts; Map Skills
Music	Elements of Music, Musical Forms and Devices (including periods of music), Music for Ensemble	Unheard listening questions. Prepared pieces.
Physical Education	Fitness Components, Training Methods, Fitness testing	Unit 1 Musculoskeletal System, Unit 2 Cardiorespiratory System, Unit 3 Movement Analysis, Unit 4 Physical Training
History	Go back over any of the homework tasks that have been set in Year 11.  All homework tasks this year are topics that could be in the mock exam.	Superpower Relations, The Cold War: 1945-1991; Germany- The Rise of the Nazis, DAP to Chancellor, 1923-1933; Medieval Migrants- Viking and Normans
Sociology	Theories of family, marriage and divorce, internal and external reasons for achievement	Theories (Functionalist, Marxist, Feminist), Research methods (PET strengths and weaknesses of each method), gender roles, marriage and divorce, internal and external factors in education and achievement, marketization, class and achievement

Subject	First topics to revise	All other topics in the exam
Food Preparation and Nutrition	<ul style="list-style-type: none"> <li>Nutritional needs of preschool age children – what nutrients are required at this stage of life, eating habits and healthy eating ideas (Eat Well Guide) .</li> <li>Fair Trade – Products, why do people choose to buy them, benefits</li> <li>Nutritional needs of adults – ways to reduce fat in their diet, Eat Well Guide, 5 A Day, fat alternatives</li> </ul>	<ul style="list-style-type: none"> <li>Basic nutrition – micro nutrition and micro nutrients</li> <li>Carbohydrates – Functions in the diet, types and uses within the body</li> <li>Fibre - Functions in the diet, types and uses within the body</li> <li>Milk and Milk products – uses, nutritional information, alternatives and types of heat treatments for example pasteurisation</li> <li>Milk and Milk products – homogenization</li> <li>Milk and Milk products – how milk is made into other dishes such a butter, cheese or yoghurt</li> <li>Sensory Testing – setting up a tasting panel and using profile testing (star profiles to record results gathered)</li> <li>Sensory Testing – 5 senses</li> <li>Nutritional needs of preschool age children – what nutrients are required at this stage of life, eating habits and healthy eating ideas (Eat Well Guide)</li> <li>Raising agents – Chemical, biological and mechanical</li> <li>Fair Trade – Products, why do people choose to buy them, benefits</li> <li>Fish – classifications, nutrients, benefits to the body, how to fillet a fish, sustainable fishing supply e.g. fish farming,</li> <li>Protein – High biological value, low biological value, vegetarian and vegan alternatives</li> <li>Preserving Methods –</li> <li>High Temperature – Pasteurisation, Sterilisation, Ultra Heat Treatment (UHT), Canning</li> <li>Low Temperature – Chilling, Blast Chilling, Cook-Chill, Freezing,</li> <li>Dehydration (drying)</li> <li>Using Acids – Vinegar, Salt, Sugar</li> <li>Fats – Functions in the diet, types and uses within the body</li> <li>Nutritional needs of adults – ways to reduce fat in their diet, Eat Well Guide, 5 A Day, fat alternatives</li> <li>Nutritional information and ingredient list – why are these important to the consumer when planning meals.</li> </ul>

Subject	First topics to revise	All other topics to revise
Dance	1) The 5 Anthology Works - lighting, costume, setting and accompaniment as well as the stimulus and intention of each dance. 2) Students will need to revise action, space, dynamic and relationship vocabulary for the choreography section. 3) Students will also need to revise Safe Practice and being a healthy dancer.	Section C The Anthology works - A Linha Curva, Artificial Things, Emancipation of Expressionism, Infra and Shadows.  Students will also have a Section A where they need to choreograph a dance based on a stimulus.
Business Studies	Globalisation, legislation (employment law), business ownership (inc. liability), elements of the business plan, quality control and assurance, business location factors, economies of scale, aims and objectives, stakeholders, business plans, benefits of good customer service, methods of production, methods of business growth, recruitment process, training methods, motivation (financial and non-financial methods), organisation charts, the supply chain/procurement	
Design and Technology - Textiles	8. Soldering - electronic components 9. Ergonomics and anthropometrics 6. Quality Control	1. Manufactured boards and Timber (including wood conversation) 2. Wood finishes 3. Tool health and Safety 4. Textiles - Modern materials and Kevlar 5. Just in time manufacturing 6. Quality Control 7. Forces and mechanisms 8. Soldering - electronic components 9. Ergonomics and anthropometrics 10. Modelling and Prototyping
Chemistry (Combined and Separate)	Acids and their reactions, Groups in the Periodic Table; Alloys	C1 – Atomic structure and the Periodic table; C2 - Bonding, structure and properties of matter; C3 – Quantitative Chemistry; C4 – Chemical Changes; C5 – Energy Changes
Biology (Combined and Separate)	Cells and microscopes/magnification; Food tests and digestion; Osmosis	B1 – Cell Biology and Transport; B2 – Organisation; B3 – Infection and response;
Physics (Combined and Separate)	(1) Current, Voltage, Resistance and Power; (2) Energy Stores and Transfers; (3) Nuclear Radiation and half-life	P1 – Energy ; P2 – Electricity ; P3 – Particle Model of matter ;

Revision Timetable

Half term week	Mon 29th	Tues 30th	Wed 31st	Thur 1st	Fri 2nd	Sat 3rd	Sun 4th
Morning Times							
Afternoon Times							
Evening Times							