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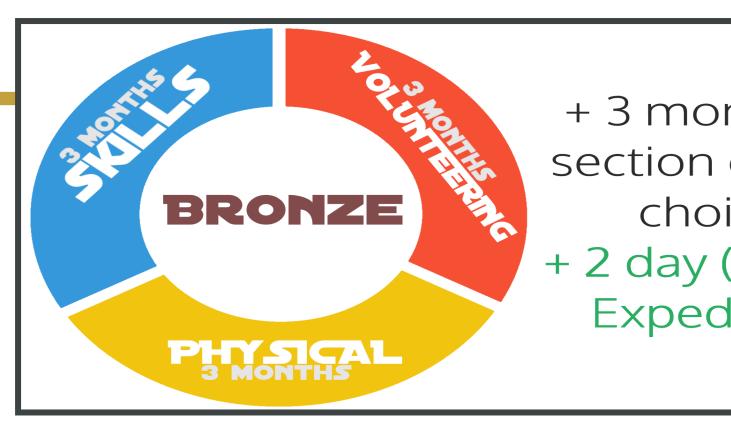




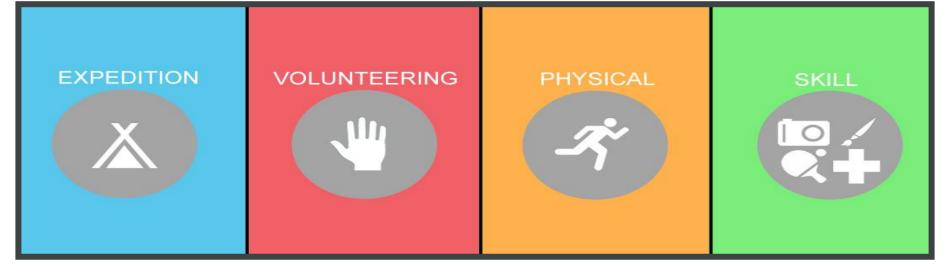
The DofE is...

You achieve an Award by completing a personal programme of activities in four sections:

- Volunteering: undertaking service to individuals or the community.
- Physical: improving in an area of sport, dance or fitness activities.
- Skills: developing practical and social skills and personal interests.
- **Expedition:** planning, training for and completion of an adventurous journey in the UK or abroad.



- + 3 months in section of your choice.
- + 2 day (1 night) Expedition.





- A life-changing experience.
- A fun time with friends.
- An opportunity to discover new interests and talents.
- A tool to develop essential skills for life and work.
- A mark of achievement;
 respected by employers.









- Self-management
- Commitment
- Responsibility
- Problem solving
- Team-work
- Communication
- Leadership skills
- Decision making
- Challenge
- Fun



Volunteering

Aim

 To inspire young people to make a difference within their communities or to an individual's life and develop compassion by giving service to others.



Volunteering

Examples:

- Charity shop volunteer
- Help out in the school library
- Help run a sports club for younger children
- Visiting elderly people in care
- Sports leadership





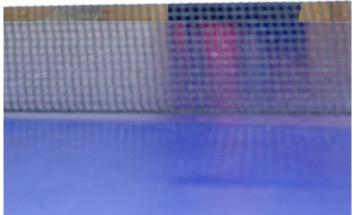






Physical





Aim

 To inspire young people to achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity.

Physical







Examples:

- After school sports clubs/teams
- Local sports clubs
- Individual activities: jogging, gym
- Martial arts
- Street dance





Skills



Aim

 To inspire young people to develop practical and social skills and personal interests.

Skills







Examples:

- Cooking
- Learning a musical instrument
- Playing in a band
- Crafts: knitting, model making
- Learning sign language
- Performance arts
- Young enterprise
- Creative arts



Aim

 To inspire young people to develop initiative and a sense of adventure and discovery, by planning, training for and completing an adventurous journey as part of a team.

















Students In school Training Evening Wednesday 1st February 15:00pm- 18:00pm

- Practice packing a rucksack
- Understand the equipment to bring
- Learn how to write a route card
- Write an expedition menu







Practice Expedition Weekend 17th & 18th June 2023

- Parental Drop off along M4 corridor
- 2 Day Hike 1 Nights Camp
- Students will be supported to navigate across the RidgeWay Trail to camp
- They be supported to meet the 21 conditions of the expedition







Final Qualifying Expedition 15th & 16th July 2023





Choosing activities

There is a huge choice of activities that count towards DofE programmes.

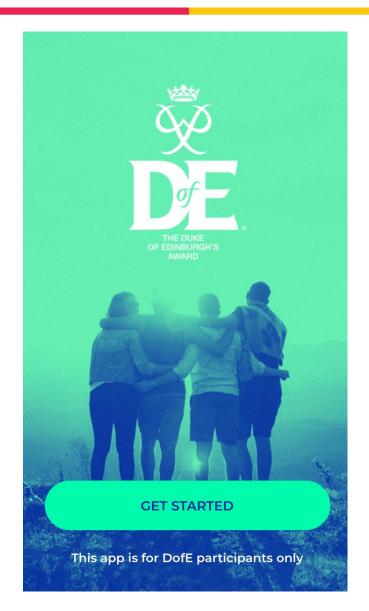
- You need to choose activities you are going to enjoy.
- Activities could be something that you are already doing or perhaps one you've always wanted to try.

You need to identify an appropriate assessor.

Term 2	Lunch time	After school
Monday	Table Tennis/Badminton	Homework Club
,	Codebreakers	
	Art - mixed media	
	Fitness	
	Mindfulness	
	Glee Club	
	Archaeology Club	
	Knitting Club	
	Equalities Team	
	Technical Dance Skills	
Tuesday	Table Tennis	Art and Photography
,	Drama Club	Netball
	Origami	Product
	Creative Writing	Netball
	Song-Writing	Basketball
	Running Club	Choreography La (w 1)
	Boys Dance	Computer Science Too ag
	Engineering Club	Homework (Tub
		Swing Cand Boy Basketh III
Wednesday	Interhouse Football	B Basteti III
,	Codebreakers	irt
	Samba Band	Lacke h Rehearsals
	Rock School	Bath Rugby
	App Inventor Programming	Netball
	Astronomy Club	Rughy
		Netball
		Blues Band
		Homework Club
Thursday	Sports Leaders	Signature Dance
_	History Society	Badminton Club
	Amnesty International	Pentathloon Multi Sport club
	Senior Codebreakers	Sculpture Club
	Senior Vocal Group	Homework Club
	Rubik's Cube Club	
	Textiles	
	Board game Club	
	Table Tennis	C'
Friday	Debate Club	Signature Dance
_	5-a-side Football	5-a-side Football
	Product - 3D printing Product - Christmas Decorations	Girls Football
		Baskervilles
	Music Technology	
	Chess Club	
	Spanish Board Games	
	Mindulness	
<u> </u>	Quiet Room	

You could use all the enrichment clubs on offer at Oldfield School to pass the three sections:

- •Volunteering- Give up your free time to help out with a younger age group.
- •e.g. Homework club
- •Skill- Learn a amazing new skill from our inhouse experts
- •e.g. Samba Band
- •Physical- Develop your physical fitness in a range of sports activities
- •e.g. Badminton





DofE

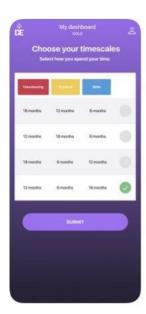
The Duke of Edinburgh'...



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Return of enrolment form and deposit by Monday14th November 2023

Once enrolled students will need to attend a eDofE login evening and submit suitable choices for the three sections. This will be shared directly with students during tutor time.







Have fun & enjoy your DofE journey!



OLDFIELD SCHOOL

THE DUKE OF EDINBURGH'S AWARD

