



OLDFIELD  
SCHOOL

DofE GOLD



DofE Silver



DofE Bronze

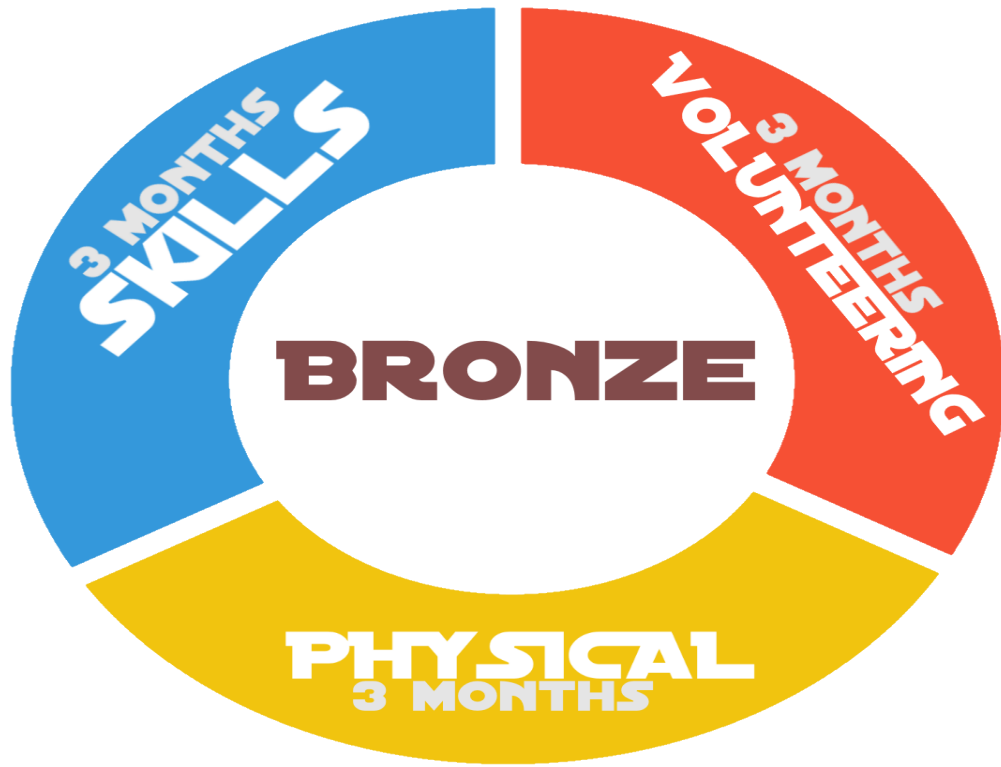


The Duke of Edinburgh's Award is the world's leading youth achievement award, operating in over 68 countries around the globe.



You achieve an Award by completing a personal programme of activities in four sections:

- **Volunteering:** undertaking service to individuals or the community.
- **Physical:** improving in an area of sport, dance or fitness activities.
- **Skills:** developing practical and social skills and personal interests.
- **Expedition:** planning, training for and completion of an adventurous journey in the UK or abroad.



+ 3 months in  
section of your  
choice.  
+ 2 day (1 night)  
Expedition.

EXPEDITION



VOLUNTEERING



PHYSICAL



SKILL



## Why sign up?

- A life-changing experience.
- A fun time with friends.
- An opportunity to discover new interests and talents.
- A tool to develop essential skills for life and work.
- A mark of achievement; respected by employers.





## Key Skills achieved

- Self-management
- Commitment
- Responsibility
- Problem solving
- Team-work
- Communication
- Leadership skills
- Decision making
- Challenge
- Fun



# Volunteering

## Aim

- To inspire young people to make a difference within their communities or to an individual's life and develop compassion by giving service to others.





# Volunteering

## Examples:

- Charity shop volunteer
- Help out in the school library
- Help run a sports club for younger children
- Visiting elderly people in care
- Sports leadership

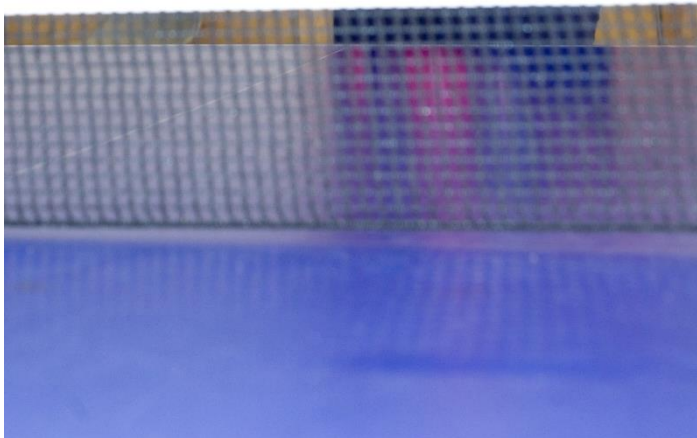


# Physical



## Aim

- To inspire young people to achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity.



# Physical



## Examples:

- After school sports clubs/teams
- Local sports clubs
- Individual activities: jogging, gym
- Martial arts
- Street dance





# Skills



## Aim

- To inspire young people to develop practical and social skills and personal interests.

# Skills



## Examples:

- Cooking
- Learning a musical instrument
- Playing in a band
- Crafts: knitting, model making
- Learning sign language
- Performance arts
- Young enterprise
- Creative arts





# Expedition

## Aim

- To inspire young people to develop initiative and a sense of adventure and discovery, by planning, training for and completing an adventurous journey as part of a team.





# Expedition





## Training Afternoon and Parents Information Evening Wednesday 2nd February 2022

- Learn how to write a route card
- Practice packing a rucksack
- Understand the equipment to bring
- Write an expedition menu





# Expedition



## Practice Expedition Weekend 11<sup>th</sup> & 12<sup>th</sup> June 2022

- Parental Drop off along M4 corridor
- 2 Day Hike 1 Nights Camp
- Students will be supported to navigate across the RidgeWay Trail to camp
- They be supported to meet the 21 conditions of the expedition



# Expedition



## Final Qualifying Expedition 25<sup>th</sup> & 26<sup>th</sup> June 2022





# Choosing activities

There is a huge choice of activities that count towards DofE programmes.

- You need to choose activities you are going to enjoy.
- Activities could be something that you are already doing or perhaps one you've always wanted to try.
- You need to identify an appropriate assessor.



# THE DUKE OF EDINBURGH'S AWARD

Term 2	Lunch time	After school
<b>Monday</b>	Table Tennis/Badminton Codebreakers Art - mixed media Fitness Mindfulness Glee Club Archaeology Club Knitting Club Equalities Team Technical Dance Skills	Homework Club
<b>Tuesday</b>	Table Tennis Drama Club Origami Creative Writing Song-Writing Running Club Boys Dance Engineering Club	Art and Photography Netball Product Netball Basketball Choreography Lab (w/ 1) Computer Science Coding Homework Club Swing Dance
<b>Wednesday</b>	Interhouse Football Codebreakers Samba Band Rock School App Inventor Programming Astronomy Club	Boys Basketball Art Macbeth Rehearsals Bath Rugby Netball Rugby Netball Blues Band Homework Club
<b>Thursday</b>	Sports Leaders History Society Amnesty International Senior Codebreakers Senior Vocal Group Rubik's Cube Club Textiles Board game Club Table Tennis	Signature Dance Badminton Club Pentathlon Multi Sport club Sculpture Club Homework Club
<b>Friday</b>	Debate Club 5-a-side Football Product - 3D printing Product - Christmas Decorations Music Technology Chess Club Spanish Board Games Mindfulness Quiet Room	Signature Dance 5-a-side Football Girls Football Baskervilles

You could use all the enrichment clubs on offer at Oldfield School to pass the three sections:

- Volunteering- Give up your free time to help out with a younger age group.  
•e.g. Homework club
- Skill- Learn a amazing new skill from our in-house experts  
•e.g. Samba Band
- Physical- Develop your physical fitness in a range of sports activities  
•e.g. Badminton



GET STARTED

This app is for DofE participants only

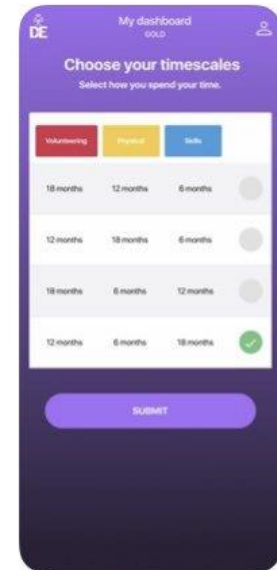


DofE

The Duke of Edinburgh'...

OPEN

★★★★★ 8



Return of enrolment form and deposit by Monday 15<sup>th</sup> November

Once enrolled students will need to attend a eDofE login evening and submit suitable choices for the three sections.









**Have fun & enjoy your  
DofE journey!**



