

# The Duke of Edinburgh's Award Expedition Information











# We will cover:

- WHO WE ARE!!
- Our qualifications and Safety
- WHAT THE PARTICIPANTS HAVE TO DO!!
- The DofE Expedition, Training, Practice & Qualified Expedition
- Expectations The 20 conditions
- WHAT TO WEAR/ EQUIPMENT/ FOOD
- Clothes
- Food
- WHEN AND WHERE!
- Dates + Locations



# A little bit about us...!

- A love of the outdoors
- Teachers .....started the business in 2010.....



# A little bit about our business.....

- We work with over 3500 students every year delivering Bronze, Silver and Gold
- Praised for our organisation, care and professionalism by leading organisations in the outdoor industry.....

"The whole programme was extremely well organised...Peter and Rachel clearly take pride in running a very good expedition and they go to great lengths to make sure that nothing is left to chance."



Esther Finch - DofE AAP UK Manager



# Our qualifications

- We have the highest qualifications in the industry for the mountains, the sea and rivers

- Our key staff are teachers who can positively work with young people



AMI members are highly qualified Mountaineering Instructors who hold the MIA Award





We are British Canoeing Advanced Water Leaders and coaches in Seakayak, Whitewater and Canoe



# Safety

#### We don't cut corners on anything

- The safety of the young people in our care is our main priority

- We have over 20 years experience running DofE expeditions as a business and as teachers





The Adventurous Activity License is the industry standard and a statutory requirement for working with children



We are an Approved Activity Provider with the Duke of Edinburgh's Award



# We will take care of you, our pastoral care is second to none...



"Thank you so much for your hard work and effort this weekend. The students were really happy and had a wonderful and successful time. Parents are full of praise for you and the team." Cleeve School, Cheltenham



# What is the expedition section?

- You have to complete a journey in remote area
- Bronze:
- 2 days & 1 night
- <u>Silver</u>
- 3 days & 2 nights





# Self sufficient and organized.....

#### As a group you will:

- Walk with your team
- Camp with your team
- Cook with your team
- Take care of your team







# Complete a journey in a remote area...







## The Practice Expedition Silvers...

It is a PRACTICE so we will be using and perfecting all the skills from training.

We will teaching the students to use the skills on the ground:

- Taking bearings
- Orientating the map
- Finding features
- Working out timings

.....moving from close supervision with an Instructor on hand to remote supervision ready for the Qualifying Expedition





# The Qualifying Expedition Silvers...

You will be assessed by one of our DofE Assessors

- There are 20 conditions to meet but by this stage you will have met most of them
- You will need a team aim
- As before Teamwork & attitude are the key to a successful expedition

- Passing is not a given, but your Assessor will give you every opportunity to meet the standard







# The Combined Expedition

#### Bronzes...

With the challenges & restrictions COVID-19 has caused DofE are offering a Combined Expedition during this time.

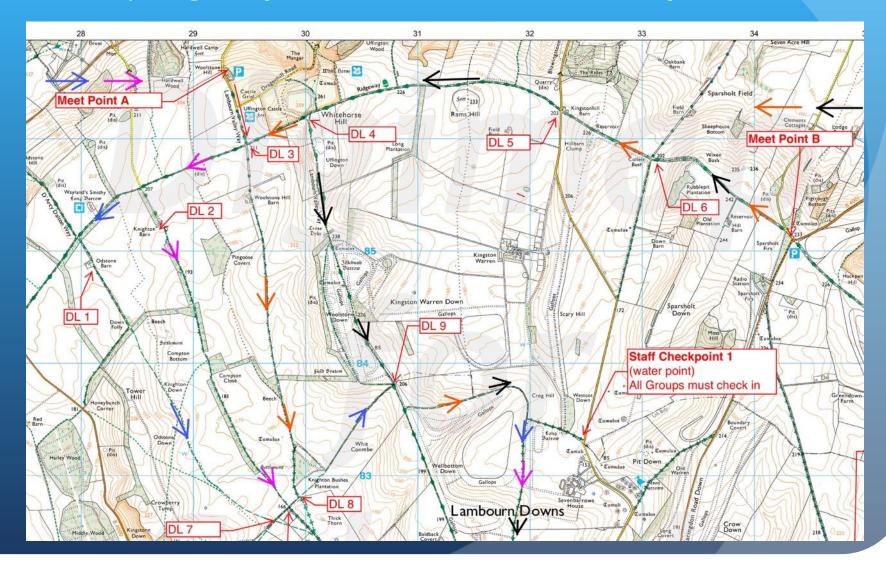
A combined expedition brings together the practice and assessed elements into one expedition. Although a compressed version, we have found that development of skills across a combined is as good, if not better than the traditional format and so this is certainly not a lesser experience - just different.

Over the first part of the combined, students will learn the skills they need (incl. camp craft; navigation & team work) just as a normal practice. They then continue into the assessed part where they must meet the same 20 conditions as set out by DofE; demonstrate they have the skills necessary for the award level; have an appropriate team aim & (if required) deliver a thought through presentation at the end.

Teamwork & attitude are the key whether it's a traditional format or a combined. Passing is not a given and we do fail teams, however our instructors want students to pass and work hard to teach them the necessary skills and offer every opportunity for them to meet the standard.



# **Qualifying Expedition - Remote Supervision**





# 

# Equipment

We can provide all group equipment such as cookers, fuel and tents

- We have a stock of personal equipment that you can hire from us before each expedition

- We will ask you on the training day what you need



# Personal Equipment Hire Fees 2020

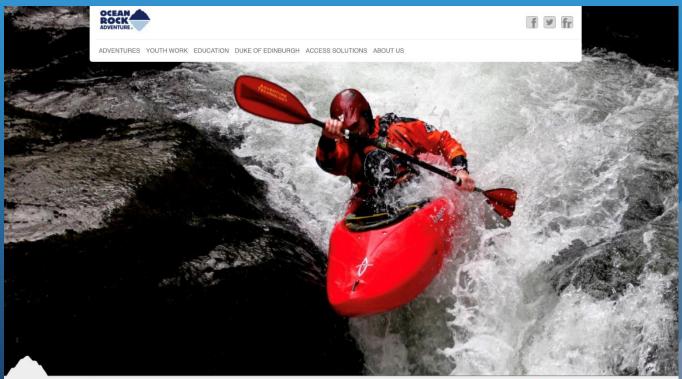
Sleeping Bag: £13 Sleeping Mat: £5 Rucksack:£18 Waterproof rucksack liner: £5 Waterproof Jacket: £10 Waterproof Trousers: £10



Should you wish to hire equipment from us you need to book this with us direct and the booking form will be online. <u>Non Refundable.</u>



# Link to web equipment booking Head to <u>www.oceanrockadventure.co.uk</u>



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### Click on the 'Duke of Edinburgh' tab

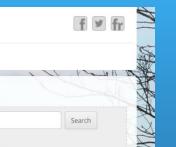


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#### Duke of Edinburgh

We are experienced and qualified to deliver the best possible DofE experience for you or your school. With 18 years experience of providing the award at all levels as well as being qualified Mountain Instructors (MIA) and BCU coaches we understand the award. OceanRock provides you with the skills and more importantly the support to help you achieve your Duke of Edinburgh's Award in a fun and adventurous way

For DofE Schools Equipment Hire please click here





#### **Equipment Hire Form**

Don't worry we've got it covered...

Please submit one form per student.

First off please select your school from the drop down.\*

OCEAN ROCK ADVENTURE.

Next tell us who you are.\* Full name of the student please - first & last

We also need to know what level Award you are doing.\*



# Clothing

#### What to bring and .... What NOT to bring!

Bring Sturdy boots Good, taped waterproofs, with waterproof fabric

Don't bring Jeans, cotton hoodies Vest tops, super short shorts!!

Use your kit list in your booklet



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# Food - an example day

Breakfast

Porridge, Croissants or Brioche + Hot Drink (Hot Chocolate, Tea etc)

Lunch

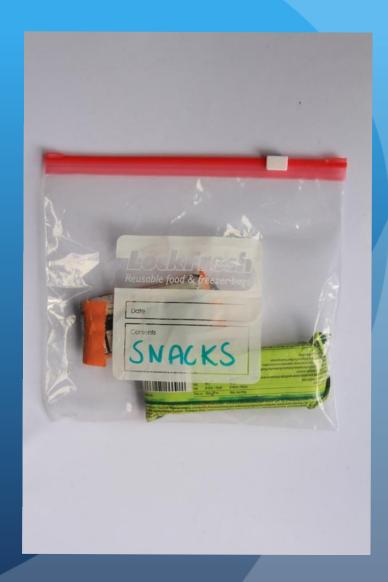
- Naan or Pitta Bread, Oatcakes with nice filling, snacks
- 1 Litre of water minimum (no fizzy drinks/cans) Dinner
- 1 hot meal (We recommend Wayfarer Meals, for simplicity)
- NO POT NOODLES or sandwiches!
- Dessert can be Wayfayer or custard etc
- Every student must have a hot dinner + dessert

Snacks

- Muesli bars, nuts, dried fruit are best. Not too much Haribo

















# What Not to Bring.....!



OCEAN ROCK ADVENTURE





# Remember... things can go wrong!

You may capsize You could get lost You may be tired You may get frustrated

But that is what it is all about, your team and our staff will be there to support you from training to qualifying expedition.



## How can parents help.....

1. First point of contact is the DofE Manager at school

2. Make sure the participants leave home with medication and kit

3. Make sure participants are healthy and able for the Award

4. Don't call the young people - call school/ then us if you have concerns



# We will really look forward to working with you all and see you complete your Award

#### Bronze Participants... Combined



| Expedition Information - Oldfield   | I School (C19)  |                             |           |                                   |               |          |  |
|---|---|-----------------------------|-----------|-----------------------------------|---------------|----------|--|
| Award level - Bronze Hike   | Expedition  | Expedition - Combined exped |           | Transportation - Parents / School |               |          |  |
| Start date - Sat 12 Jun '21   | End date  | End date - Sun 13 Jun '21   |           | Job code - C029                   |               |          |  |
| Combined exped - Camping  |   |                             |           |                                   |               |          |  |
| Day 1 - 12 Jun '21  |   |                             |           |                                   |               |          |  |
| Start/Meet point - Barbury Castle car   | tart/Meet point - Barbury Castle car park Address - Wroughton, Swindon. SN4 0QH |                             |           |                                   |               |          |  |
| Google Mapslink - <u>https://goo.gl/maps</u>                                      | /3xQeqRgPWk8u6DL18  |                             |           |                                   |               |          |  |
| Meet time(s) Teams 1-3 - 8:3  | 30 am Teams 4-6   | - 9:00 am                   | Teams 7-9 | - 9:30 am                         | Teams 10-11 - | 10:00 am |  |
| Campsite 1 - Warren Farm  |   |                             |           |                                   |               |          |  |
| Day 2 - 13 Jun '21  |   |                             |           |                                   |               |          |  |
| End/Pick up point - Barbury Castle car park Address - Wroughton, Swindon. SN4 0QH |   |                             |           |                                   |               |          |  |
| Google Mapslink - <u>https://goo.gl/maps</u> ,                                    | /3xQeqRgPWk8u6DL18  |                             |           |                                   |               |          |  |
| Meet time(s) Teams 1-3 - 4:0  | 00 pm Teams 4-6   | - 4:30 pm                   | Teams 7-9 | - 5:00 pm                         | Teams 10-11 - | 5:30 pm  |  |

This information will be available from the school

#### Silver Participants... Practice



#### Expedition Information - Oldfield School (C19)

| Award level - Silver Hike   | Expedition - Practice exped | Transportation - Parents / School |
|-----------------------------|-----------------------------|-----------------------------------|
| Start date - Sat 12 Jun '21 | End date - Mon 14 Jun '21   | Job code - C030                   |

Practice exped - Camping

 Day 1 - 12 Jun '21

 Start/Meet point - Barbury Castle car park
 Address - Wroughton, Swindon. SN4 0QH

 Google Maps link - <a href="https://goo.gl/maps/3xQeqRgPWk8u6DL18">https://goo.gl/maps/3xQeqRgPWk8u6DL18</a>

 Meet time(s)
 All Teams

 Campsite 1 - Warren Farm

 Day 2 - 13 Jun '21

- End/Pick up point Barbury Castle car park
  - Meet time(s) All Teams 5:00 pm

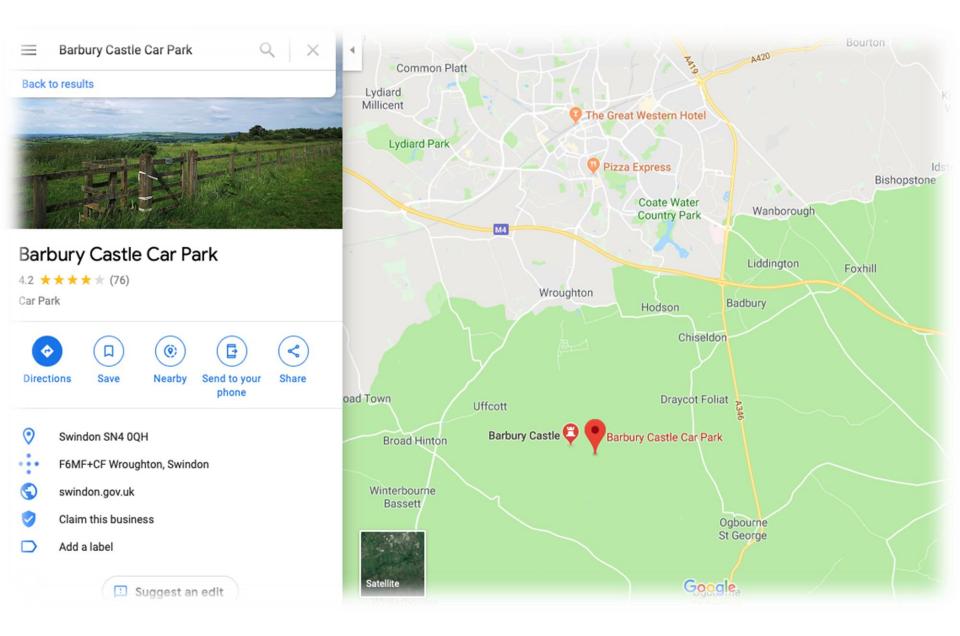
### Silver Participants... Qualifying



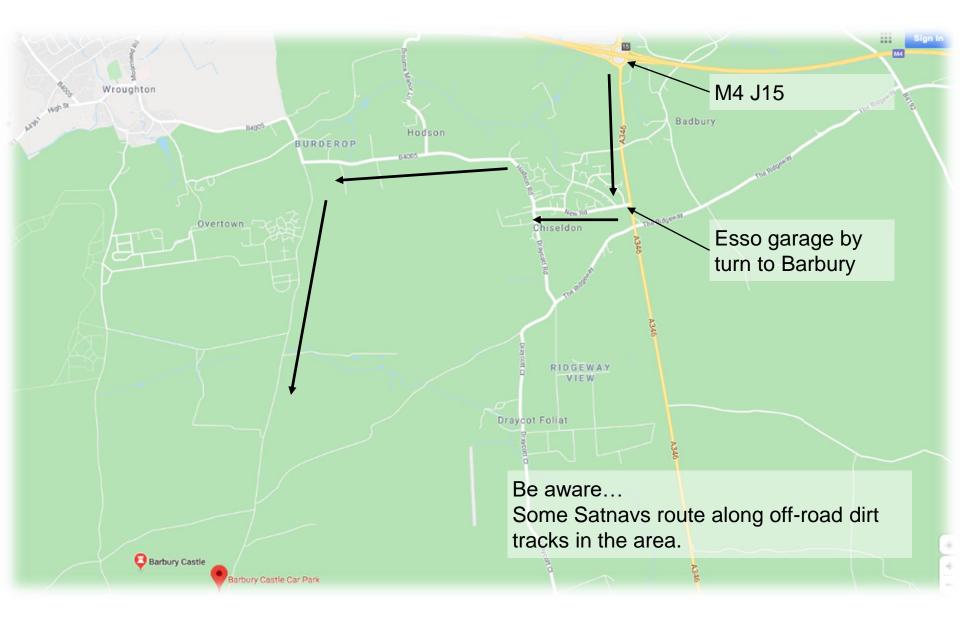
| Expedition Information - Oldfield Sch             | nool (C19)                    |  |  |  |
|---|-------------------------------|--|--|--|
| Award level - Silver Hike                         | Expedition - Qualifying exped | Transportation - Parents / School                        |  |  |
| Start date - Mon 21 Jun '21                       | End date - Wed 23 Jun '21     | Job code - C030  |  |  |
| Qualifying exped - Camping                        |                               |  |  |  |
| Day 1 - 21 Jun '21                                |                               |  |  |  |
| Start/Meet point - The Old Garage, Burri          | ngton Combe Address - (near   | Charterhouse Activity Centre), On the B3134. BS40 6I     |  |  |
| Google Maps link - <u>https://goo.gl/maps/DUV</u> | SzRmMDbeuYQe36                |  |  |  |
| Meet time(s) All Teams - 8:30 an                  | 1                             |  |  |  |
| Campsite 1 - Lillypool                            |                               |  |  |  |
| Day 2 - 22 Jun '21                                |                               |  |  |  |
| Campsite - Ebborways Farm                         | Address - Peltin              | Address - Pelting Road, Priddy, Wells, Somerset. BA5 3BA |  |  |
| Day 3 - 23 Jun '21                                |                               |  |  |  |
| End/Pick up point - The Green, Priddy             | Address - Wells               | s. BA5 3BB   |  |  |
| Google Mapslink - https://goo.gl/maps/QCd         | kFCkpWG1PAgM9                 |  |  |  |
| Meet time(s) All Teams - 2:30 pr                  | n                             |  |  |  |

This information will be available from the school

### Bronze Combined & Silver Practice



#### Bronze Combined & Silver Practice



#### Silver Qualifying

