

Dear Parents/Carers

PSHE Activity Programme

It's the final week before the summer break and we hope that you have found the weekly PSHE programme helpful! I have received some really fantastic work from students, so thank you for engaging with the tasks. Over the next weeks you can have a look back over the previous newsletters again to try out some of the tasks you didn't complete the first time and copies can now be found on the school website in the students section.

This week we are looking to the future; exploring the power of positivity and gratitude. Whilst we will have all had very different Covid-19 journeys we would like to focus on moving forward.

Returning to school and some normality will be challenging for us all. For some, it'll be getting back in to the routine of getting up and ready for school. For others it will be the worry of how school will be different. Lots of us will wonder what it will be like seeing some friends for the first time in months. When we do see each other again we must remember that we need to be kind to each other. Each and every one of us will have had a different experience during lockdown and we all need to give each other time to get used to being back at school.

The challenges in this newsletter are about looking forward. Remember you can choose one task or complete them all!

Challenge One - 'Looking forward'

Create an acrostic poem based on something that you are looking forward to in September. It could be catching up with **FRIENDS**, it could be getting a new pair of **SCHOOLSHOES**, it could be seeing your new **TIMETABLE** or starting a particular **GCSE OR A'Level** course (**DANCE, DRAMA, COMPUTER SCIENCE, CHILD DEVELOPMENT, SOCIOLOGY**).



Challenge Two - 'Not To Be Missed'

This challenge involves you writing, drawing or creating a mood board on a subject of your choice linked to events that we have missed discussing or celebrating in school altogether because of lockdown?

What events do you want to make sure are celebrated at school during the next academic year?

Here are some events that have had to be postponed but there are lots more.

PRIDE 2020



Challenge Three – ‘Read All About It’

The following questions relate to positive news stories during Covid-19. New inventions, new trends and hot topics of conversation to get us thinking and deliberating!

As a family can you think of more questions to add?

What stories have inspired you?

- 1) What has a 12 year old in Northumberland transformed her village telephone box in to and why?
- 2) An opera house opened in Barcelona on 22nd June 2020 to hold a concert to a full audience of 2,292 what?
- 3) Which annual event couldn't be held in London this year but has publicity based #You. Me. Us. We?
- 4) The Arts world has recently had a financial boost but which Broadway musical has been released on Disney+ recently?
- 5) Which organisation has had its 72nd anniversary?
- 6) Since lockdown began in March people in Uruguay have been using an airport for something different. What they are using it for?
- 7) The 5th June was World Environment Day. What was this year's theme?
- 8) Who is Captain Tom Moore and what did he do to raise £23million for the NHS?
- 9) Which sporting star was quoted as saying "Just like the pandemic we want to find a solution to stop it" in response to the issue of racism following the protests across the UK and US in following the death of George Floyd?
- 10) What has Grigore Lup designed in Romania?



You may still have questions from some of the newsletter or want more information on certain topics. We have listed some websites where you may find some ideas on how to help or cope with the any changes that are happening. They may help you, your friends or your family.

www.mind.org.uk

www.kooth.co.uk

www.childline.co.uk