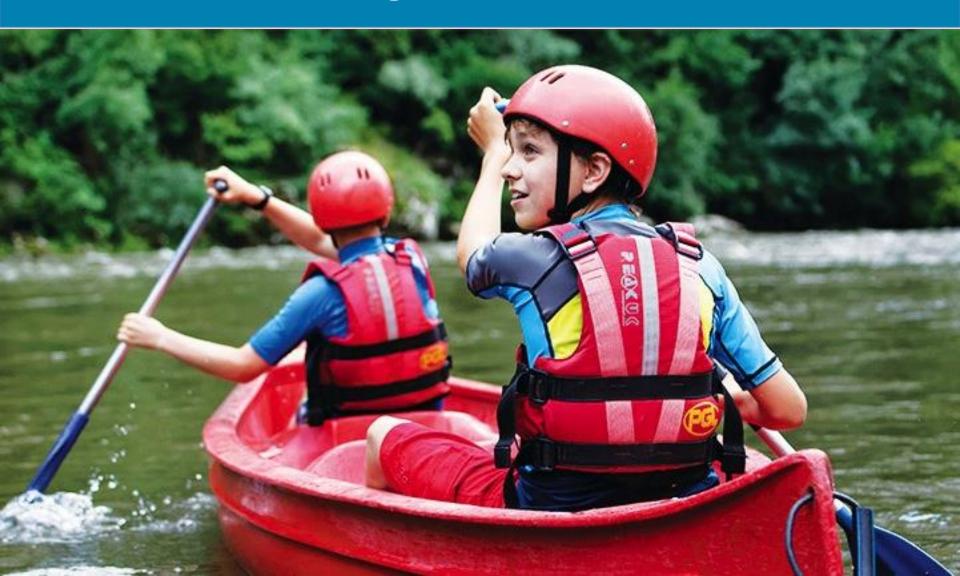


Two Centre Adventure

Domaine de Segries, Ardèche Mimosa, Languedoc C<u>oast</u>

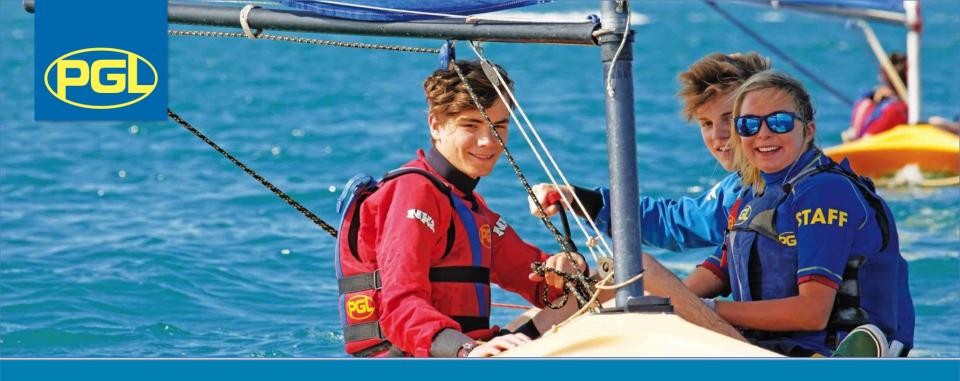




Agenda

- Welcome to PGL
- Domaine de Segries
- Mimosa
- The PGL difference
- Two Centre Adventure
- Adventure activities
- Evening entertainment

- Excursion day / Disney stopover
- Accommodation & facilities
- Catering & dietary needs
- Travel
- Health & safety
- FAQs
- Questions



Welcome to PGL

- The UK's largest provider of outdoor education for young people
- Over 55 years' experience
- Fully risk assessed
- LOtC Quality Badge holder
- Founding member of BAPA
- ABTA bonded





Domaine de Segries

- Stunning location in the heart of the Ardèche
- 16 thrilling adventure activities to choose from
- Perfectly placed for the Ardèche river canoe descent
- Outdoor pool and sports pitches



Mimosa

- Beachfront location on the beautiful Languedoc coast
- 17 adventure activities to choose from on land and water
- Ideally located to enjoy watersports on the Mediterranean
- Easy access onto the spacious, sandy beach



The PGL difference

- Expert tuition from fully qualified PGL watersports instructors
- Dedicated PGL 'Groupie' to provide support throughout stay
- Tailor-made programmes
- All accommodation, food, activities and instruction included
- Free evening entertainment
- 24 hour support from centre team



Two Centre Adventure

- Adventure starts from either the Ardèche or Mediterranean
- Three and a half days at each location
- 2-3 day 30km Ardèche River canoe descent
- Full watersports programme on the Med
- Introduces new skills, improves teamwork, motivation and confidence





Sample Itinerary





Adventure activities

Domaine de Segries

On-site:

- All Aboard
- Archery
- Climbing
- Jacob's Ladder
- Problem Solving
- Sports & Team Games
- Swimming
- Trapeze
- Volleyball

- Off-site:
- Canoeing
- Caving
- Excursions
- Mountain Biking
- River Bivouac
- s Sit-on Kayaks
 - Canyoning

Mimosa

- Abseiling
- Archery
- Banana Boat
- Bodyboarding
- Catamaran Sailing
- Climbing
- Dinghy Sailing
- Excursions
- Kite Flying

- Problem Solving
- Raft Building
- Sit-on Kayaks
- Snorkelling
- Sports & Team Games
- Swimming
- Volleyball
- Windsurfing



Evening entertainment

Domaine de Segries

- Cluedo
- Disco
- Football
- Get Your Own Back Volleyball
- Initiative Exercises

- Scavenger Hunt
- Talent Show
- Quiz

- Mimosa
- Beach Olympics
- Cluedo
- Disco
- Football
- Get Your Own Back
 Volleyball

- Initiative Exercises
- Scavenger Hunt
- Talent Show
- Quiz



Excursion Day

Make the most of the surroundings, explore local culture and gain cross-curricular enrichment

Popular Destinations

- Avignon
- Nimes
- Orgnac Caves

- Pont du Gard
- Carcassonne
- Montpellier



Accommodation

Domaine de Segries

- Farmhouse rooms sleeping 6-10 with toilets and showers nearby
- Tent Village large tents with solid frame bases, sleep 4
- Chalet Village En suite wooden chalets, sleep 4-6

Mimosa

• Tent Village – large tents with solid frame bases, sleep 4



Facilities

Domaine de Segries

- Outdoor swimming pool
- Football and volleyball pitches
- Bar and disco area
- Shaded dining area
- On- and off-site adventure activities
- Shop

Mimosa

- Easy access to spacious, sandy beach
- Indoor entertainment area with bar & terrace
- Shaded dining area overlooking grounds
- On-site adventure activities
- Shop



Catering and dietary needs

- 3 nutritious, balanced meals per day
- Self-service salad bar
- Vegetarian option
- Special diets catered for by prior arrangement
- Sample menus available online: www.pgl.co.uk



Travel

Approximate travel times:

- Dover to Calais by ferry 90 minutes
- Folkestone to Calais via Eurotunnel 35 minutes
- Calais to the Ardèche 12 hours by overnight coach
- Ardèche to Mimosa 3 hours by coach



Health & safety

The PGL Code of Practice describes all safety and operational procedures both on and off-site including:

- Sample risk assessments
- Staff-to-pupil ratios
- Operating procedures
- Staff vetting & training

- Site security
- First Aid procedures
- Emergency procedures www.pgl.co.uk/cop



FAQs

- Insurance
- What to take kit list
- Valuable items best left at home.
- Pocket money how much to take.

- Electrical appliances must be safe.
- Deodorants roll-on only please
- Contacting your child.



Thank you for listening Any questions?